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DERMATOLOGY AND DERMATOLOGIC SURGERY
368 RIDGEWOOD AVENUE • GLEN RIDGE, NEW JERSEY 07028

INSTRUCTIONS FOR AFTER-SURGERY CARE

1. Remove the bandage the morning after surgery and clean the area with anti-bacterial soap and water. Apply Polysporin ointment sparingly to the site. Cover loosely with Band-Aid or gauze. Continue doing this twice a day until healed or until sutures are removed in the office.
2. Please call the office if there is excessive drainage, redness, or tenderness.
3. If bleeding develops in surgical area, please firmly compress area for 20 minutes. If this does not stop bleeding, please call our office immediately.
4. If there are any questions or problems, please call us at (973) 748-7900.
5. NOTE: POLYSPORIN OINTMENT IS AVAILABLE AT ANY DRUG STORE WITHOUT PRESCRIPTION.
6. Please discuss with the doctor when to resume taking aspirin or non-steroids.

IF YOU HAD SURGERY WITH STITCHES

The doctor used an underlying layer of stitches, which are normally absorbed by the body. In some instances, your body may not absorb the suture material, and you may need to come back for follow-up treatment. If you notice an acne-like bump or pimple forming along or in the suture line as late as 2-8 weeks after surgery, it is probably the absorbable stitches and we would like you to call the office. Most times this will not require any treatment, but we would like to be aware that it has occurred.

An additional result of the procedure may be a slight raising of the surgical area due to overzealous healing at the surgery site and this may require a post-operative visit. We would like to see you if this condition occurs, so please call our office and make an appointment. Many times this will occur several weeks after the stitches have been removed.